

HANDWASHING STEP BY STEP



1 Splash water on hands



2 Use sufficient soap to cover surface of hands



3 Rub hands with palms meeting



4 Then rub palm to palm with fingers interlinked



5 Rub Right palm over back of left hand with fingers interlinked then reverse



6 Rub backs of interlocked fingers on opposite palms



7 Make circular rubbing of clasped left thumb



8 Clasp right fingers and rub left palm backwards and forwards in circular motion then reverse



9 Wash soap off hands with water



10 Get disposable towel from dispenser



11 Use towel to dry hands completely



12 Turn off tap with towel and dispose of towel in bin