

# Back to School Advice



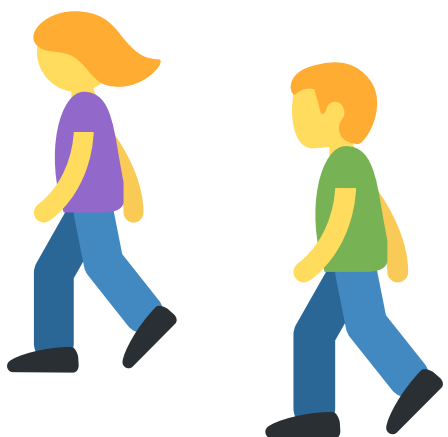
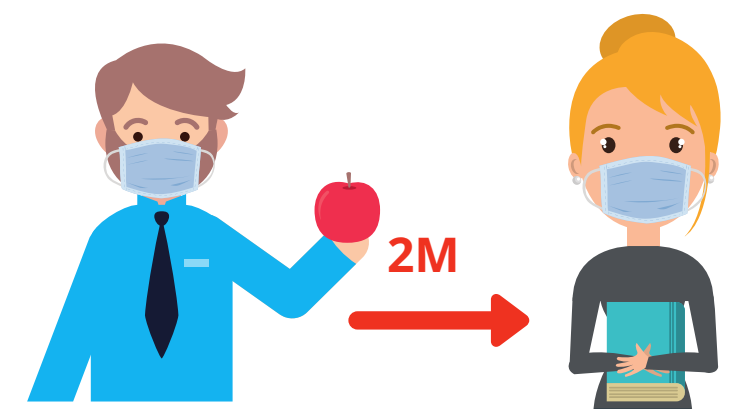
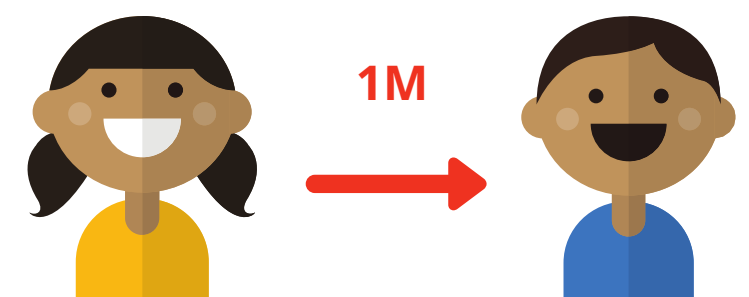
## Hand Washing & Hygiene Practices

- Good hand washing and hygiene practices are important for all students.
- Students should be encouraged to wash hands well and often using hot soapy water.
- Students should cover their mouth & nose using tissue when coughing or sneezing and discard appropriately. Make sure your child knows how to use a tissue to cover coughs or sneezes or to cough or sneeze into their elbow.
- Students should avoid touching their faces especially with unwashed hands.
- Face Masks are required by all staff and children in secondary schools, where a physical distancing cannot be maintained.
- Secondary school students should bring a zip lock bag for storing their used or soiled PPE i.e. Face coverings.
- Frequently touched objects and surfaces should be cleaned and disinfected.



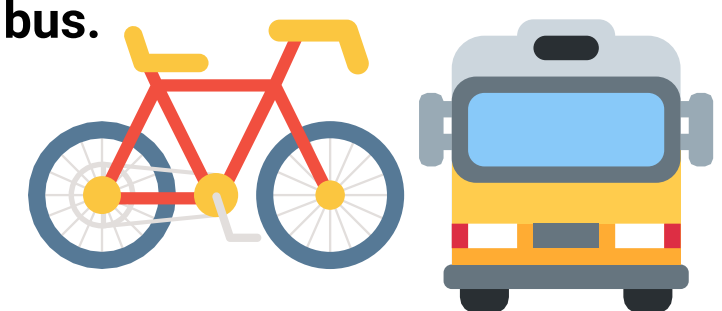
## Physical Distancing

- Primary school children may not be required to practice physical distancing, but they may be organised into pods where 1m distance is ideal. This may affect drop off and pick up times.
- In senior primary classes and at post-primary – physical distancing procedures will need to be followed by all.
- All staff should maintain social distancing of 2m.



## Transport

- Encourage your child to walk or cycle to school if possible and safe to do so.
- When using school transport, students will have an assigned seat and post-primary students will be required to wear a face covering when waiting for and when on-board the bus.



## Stay at Home

- Your child should stay at home if they experience the following:
  - a temperature of 38°C or more
  - a new cough, loss or changed sense of smell or taste or shortness of breath
  - have been in close contact with someone who may have coronavirus
  - have been living with someone who is unwell and may have coronavirus
- If the above applies they should self-isolate and NOT come into school.
- Contact your GP immediately.

